

decorative flip flops

free

skill level 1



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SUPPLIES & TOOLS:

Instructions can be used for child or adult flip-flops.

- Two 16' lengths of 550 parachute cord
- Parachute cord (two 8' lengths for each shoe)
- Two 18" segments of 550 parachute cord (one for each shoe)
- One pair of foam flip-flops

DIRECTIONS:

1. Remove the strapping from the pair of foam flip-flops. Hang on to this to use as a template for the parachute cord straps.
2. Center and crisscross two 8' strands of parachute cord (figure 1). Form a single square crown knot (figures 2-5) to make a stopper for the flip-flop. Pass the loose strands through the hole near the toe of one flip-flop. Insert the strands from bottom to top so the knot rests on the bottom of the flip-flop (figure 6).
3. Follow and repeat figures 7 and 8 to form a round four-strand braid. Only about 2" of braid will be necessary. This forms the portion of the strap that rests between your toes.
4. Center and tie one 18" segment of parachute cord to the two inner strands. Secure the segment with a single strand overhand knot (figures 9-10).
5. Follow figures 11-14 to form a square knot. Repeat to form a second square knot (figure 15). Divide the cords in half to form the straps.
6. For the first strap, form a series of square knots using only three strands of cording. Use the shortest strand as the center strand (figures 16-19). Keep repeating the square knot until the desired strap length is achieved. The strap length may differ for each shoe size, so measure the length from your discarded flip-flop strap.
7. Pass the strands through the corresponding strap hole in the flip-flop (figure 20).
8. Turn the shoe to look at the bottom of the flip-flop. Follow figures 21-24 to form a three-strand knot. Repeat the knot if necessary. Cut off any excess cording and melt the ends. Careful with the lighter so that you don't burn the foam of the flip-flop!
9. Repeat the instructions from steps 6-8 to form the second strap of the flip-flop.
10. Repeat steps 2-9 to complete the second shoe.

Courtesy of Design Originals[®]

Skill Level 1: No experience necessary

Approx. Crafting Time: 1-2 hrs

Please read and follow all manufacturers' instructions for all tools and materials used.
Provide adult supervision if children participate in this project.
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