

FREE

monkey fist  
key ring



Creative Ideas from Jo-Ann

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## USING THE MONKEY FIST GUIDE TOOL

### SUPPLIES & TOOLS:

- Monkey's Fist Maker Kit
- 3/4" core: Small ball or wood bead
- 1½-2½ yds Parachute Cord
- Scissors
- Ruler
- Glue

Before beginning, place small ball or wood bead to center of the tool.

### DIRECTIONS TYING THE KNOT

Begin by tying an overhand stopper knot in the end of the cord & hook it in the notch on the west side of the guide.

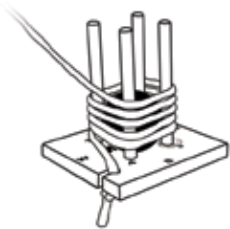


Fig. 1 Make 5 wraps clockwise.

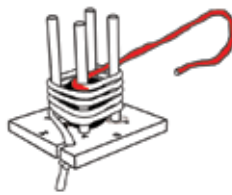


Fig. 2 Continue around post 4. Take the working end between posts 2 & 3.

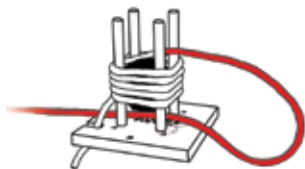


Fig. 3 Bring end UNDER & out the west side of the tool.

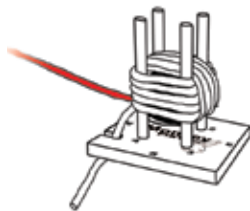


Fig. 4 Continue with 5 wraps.

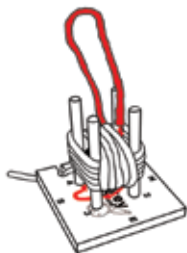


Fig. 5 Feed working end DOWN between posts 1 & 2.

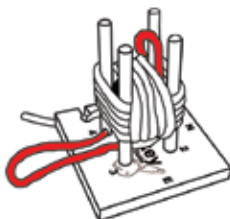


Fig. 6 Bring working end UP between posts 4 & 3.

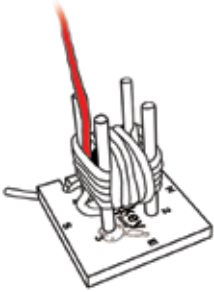


Fig. 7 Bring working end UP between posts 4 & 3.

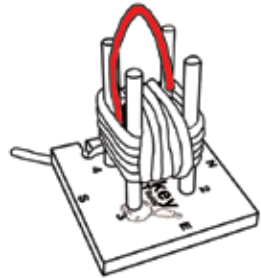


Fig. 8 Continue with 5 wraps.

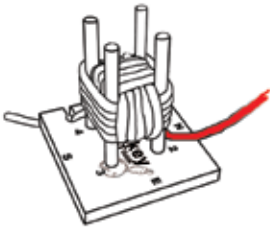


Fig. 9 Make final wrap with end coming out at north side.



Fig. 10 Remove by unhooking stopper knot from notch & sliding loose monkey fist off of the posts.

#### FINISHING:

Slowly tighten the knot, keeping even tension all around. This will take some practice to do correctly. Start from the middle; work to the ends several times. Do not try to tighten completely the first time through. It is important to keep all the wraps flat.

## MONKEY FIST KEY RING

### SUPPLIES & TOOLS:

- 6-8 ft of 550 parachute cord
- Monkey Fist Maker Kit:
  - Steel split key ring
  - Plastic monkey fist core
  - Monkey Fist Guide tool
- Scissors
- Cyanoacrylate glue or butane lighter
- Ruler

### DIRECTIONS:

Follow the diagram to create a monkey fist key ring.

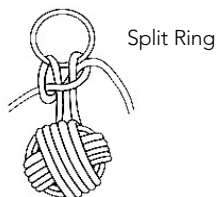


Fig. 11  
Finishing the ends.

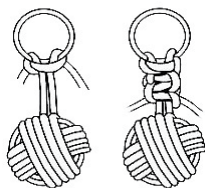


Fig. 12  
Square Knot.



Fig. 13  
Cut & Fuse ends.

**Skill Level:** Some experience necessary

**Crafting Time:** Under 1 hr

Courtesy of Peppereil

Please read and follow all manufacturers' instructions for all tools and materials used. Provide adult supervision if children participate in this project. #295-4581

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