

# shibori dyed table runner

FREE



## SUPPLIES & TOOLS:

- Indigo dye kit
- 1 yd white cotton fabric
- 2 sets of wooden chop sticks
- Rubber bands
- Sewing machine
- Basic sewing supplies
- Pinking shears
- Iron & pressing surface
- Drying rack or tarp for drying



## DIRECTIONS:

1. Prepare the dye according to the instructions on the kit and set aside. The dye will need to set for at least 15-20 minutes prior to dyeing. Also prepare a small bowl of warm water to soak the fabric in before placing into the dye.



**Skill Level:** Some experience necessary

**Crafting Time:** 1-2 hrs + drying time

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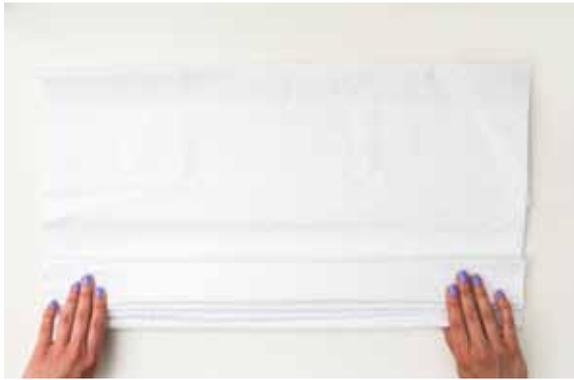
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2. Begin folding the fabric piece using the accordion technique (over and under). Note: Additional folding techniques are included in the Indigo Dye kit instructions.



3. Once the fabric is folded into one long strip, continue to accordion fold the fabric (over and under) from right to left until the fabric is bundled like the photo on the right.



4. Place a set of chopsticks on each side of the fabric bundle and secure both sets of chopstick ends with rubber bands.



5. Place the fabric bundle into the bowl of water, soak thoroughly and squeeze excess water from the fabric bundle. Before placing fabric into the indigo dye, skim across the top of the dye to clear away any mixture residue.



6. Dunk fabric bundle into the indigo dye and let it sit for 15 to 30 minutes. Remove from dye and squeeze excess liquid from bundle. Remove the chopsticks and unfold bundle. Dry fabric on a drying rack or tarp for an additional 30 minutes. You will see the green color start to transform into the beautiful indigo blue hue! Note: Indigo dye is very potent, so remove the bundle in close proximity to where you plan to let the fabric dry to avoid excess dripping or spillage.



7. Wash and dry the fabric to remove any excess dye. Cut around the edges of the fabric using pinking shears. Fold the edges under, pin and sew around the entire edge of the piece of fabric.

